

# IRISH TAEKWON-DO ASSOCIATION



## International Umpire Course

**30<sup>th</sup> June – 1<sup>st</sup> July 2012**

[www.taekwondo.ie](http://www.taekwondo.ie)

Dear Grandmasters, Masters, Instructors, Students and Friends,

We have the honour to invite you and all ITF members 4<sup>th</sup> Kup (Blue Belt) to 9<sup>th</sup> Dan Black Belt, to the ITF International Umpire Course to be held in the University of Limerick, Co. Limerick, Ireland from Saturday 30<sup>th</sup> June to Sunday 1<sup>st</sup> July 2012. Limerick is the Current European City of Sport and the venue for this event boasts sporting facilities which are second to none.

With its proximity to the ITF World Cup in England this event is ideally timed for those who want to improve their umpiring skills for national level as well as those who want to sharpen and refine their skills for the World Level tournament.

It is also an ideal opportunity to extend your stay and take a holiday in this beautiful region of Ireland.

The course will be conducted by members of the ITF Umpire Committee, Master Alberto Katz VIII Dan, Master Sanday Dunbar VII Dan and Mr. Kurt Ottesen VI Dan and member of the ITF Technical Committee Grandmaster Willem Jacob Bos IX Dan.

We hope that you can join us in the beautiful Country of Ireland for this exciting event.

On behalf of the organising committee of the Irish Taekwon-Do Association,

Master Kenneth J. Wheatley  
7<sup>th</sup> Dan Black Belt  
President

Mr. Stephen Ryan  
5<sup>th</sup> Dan Black Belt  
Secretary General

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## Instruction team:

**Grandmaster Willem Jacob Bos IX Dan** (Director of the ITF and member of the ITF Technical & Instruction Committee)



**Master Alberto Katz VIII Dan** (Chairman of the ITF Umpire Committee)

**Master Sandy Dunbar VII Dan** (Member of the ITF Umpire Committee)



**Mr. Kurt Ottesen VI Dan** (Member of the ITF Umpire Committee)

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**Open to:** Blue Belt up to 9<sup>th</sup> Dan Black Belt

**Seminar fee:** € 150 per participant

**BBQ Night:** Saturday 30<sup>th</sup> June €20 per person (optional)

**Accommodation fees:** (see below)

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**Venue:** University of Limerick ([www.ul.ie](http://www.ul.ie)) and University Arena ([www.universityarena.com](http://www.universityarena.com))

To watch a video of the venue and facilities please [click here](#) (or copy this link into your browser

<http://www.youtube.com/watch?v=eteYvGF2eSk>)

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University of Limerick campus is widely recognised for its excellent sports facilities, many of which are world class. Leading clubs and individual athletes come from Ireland, the UK and worldwide to train in what is now known as Ireland's Sporting Campus. They choose University of Limerick Conference and Sports Campus because they can avail of tailor-made fitness packages designed by experts, in a venue which has accommodation, quality catering and the ideal atmosphere and privacy for an effective training camp.

Large events can avail of the wide range of facilities, the convenience of locating all participants on one site and the choice of catering options available.

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## Accommodation for IUC participants:

We have negotiated a special rate for IUC participants in two Locations, both within walking distance of the IUC venue. This accommodation must be booked through the IUC organising committee by emailing the booking form to [sryan@taekwondo.ie](mailto:sryan@taekwondo.ie)

In order to create the best possible atmosphere, making the IUC an educational experience but also a social and networking opportunity we encourage all participants to stay in the official IUC accommodation.

### Option 1: Carlton Castletroy Park Hotel (4 Star)



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The Castletroy Park Hotel is regarded as one of the leading Hotels in Limerick. This luxury Hotel is ideally located in the heart of the west of Ireland. The hotel is just 3 miles from Limerick City, surrounded by superb amenities and is easily accessible via Shannon International Airport, just 25 minutes drive away.

The Internationally acclaimed University Sports Arena and Concert Hall is adjacent to the hotel.

Nearby Limerick - "the proud home of Munster Rugby" - offers you a wonderfully wide range of activities and facilities which include: Sightseeing, culture activities, horse racing, fishing, horse-riding, golf, river cruising and so much more. Limerick is the European City of Sports for 2011.

Complimentary Wi-Fi, Complimentary Car-Parking, Complimentary use of Leisure Facilities

## Room Rates for Carlton Castletroy Park Hotel:

Single B&B (1 night = €75, 2 nights = €150, 3 nights = €195)

Double/Twin B&B **per room** (1 night = €100, 2 nights = €190, 3 nights = €240)

Discounts for those staying in Carlton for more than 3 nights:

Single B&B, €65 per room per night

Double/Twin B&B, €80 per room per night

## Option 2: University On-Campus Apartments

Individual apartments with 2/4/6 large bedrooms with en suite bathrooms, fully fitted kitchen/living room and a comfortable lounge area

Cable television

High speed internet connection and prepaid card telephone

Convenience Store

Car Parking

Common Room with vending machines

Resident Manager.



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## Room rates for University On-Campus Apartments

**\*\* We have been able to secure a cheaper rates as follows**

**Single basis - €37 per person (no breakfast) or €42 with breakfast**

**Double basis - €65 per room (no breakfast) or €75 with breakfast**

*Please note, there is no twin basis.*

- Participants will be able to stay in apartments with their own friends/travelling group.
- Each person/couple will have their own ensuite bedroom with double bed at a substantially cheaper price than the hotel (all rooms are locked similar to hotels accessible by use of a key card).
- Apartments all have a kitchen a living room area (The kitchen is equipped with cutlery, pots knives etc...)
- Apartments can have 2, 4 or 6 bedrooms so based on the size of the group travelling, the most appropriate size apartments can be chosen.

Breakfast is continental style. A large basket of fresh fruit, bread, tea, coffee, milk and cereal is delivered to the apartment.

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## Booking your place on the IUC

Please send completed IUC application form (attached) to [sryan@taekwondo.ie](mailto:sryan@taekwondo.ie) by the **deadline of May 30<sup>th</sup> 2012.**

## Booking Accommodation

To book your accommodation send the booking form along with your IUC application to [sryan@taekwondo.ie](mailto:sryan@taekwondo.ie). Make sure to state the package, which

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you are availing of (single, double, twin), Option 1 or Option2, arrival and departure dates.

## Booking your place at the BBQ

To book your place at the BBQ on Saturday evening in the Stables Club, please state the names of those attending on the IUC application form in the space provided

**All fees – hotel, IUC, BBQ, must be paid on arrival at the IUC registration in the Carlton Castletroy Park Hotel.**

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## Official program:

### Friday 29<sup>th</sup> June

Arrival of participants and registration in the Carlton Castletroy Park Hotel registration point

Please note that the complete fees (course, accommodation, BBQ) have to be paid to the organizing team at your arrival in the hotel. We only accept EURO currency.

### 2-day course

### Saturday 30<sup>th</sup> June

Arrival of remaining participants and payment of all fees at the registration point in the Carlton Castletroy Park Hotel

IUC Part I: 16.00hrs – 19.00hrs in the University of Limerick, Jean Monnet Lecture Theatre



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**20.30pm** BBQ for all participants in the University of Limerick Stables Club

**20 Euro per person (to be paid on arrival with IUC/accommodation fees)**



The BBQ must be booked in advance please state name of those attending the BBQ when booking IUC place and accommodation.

**Sunday 1<sup>st</sup> July**

**Location; University of Limerick Sports Arena**



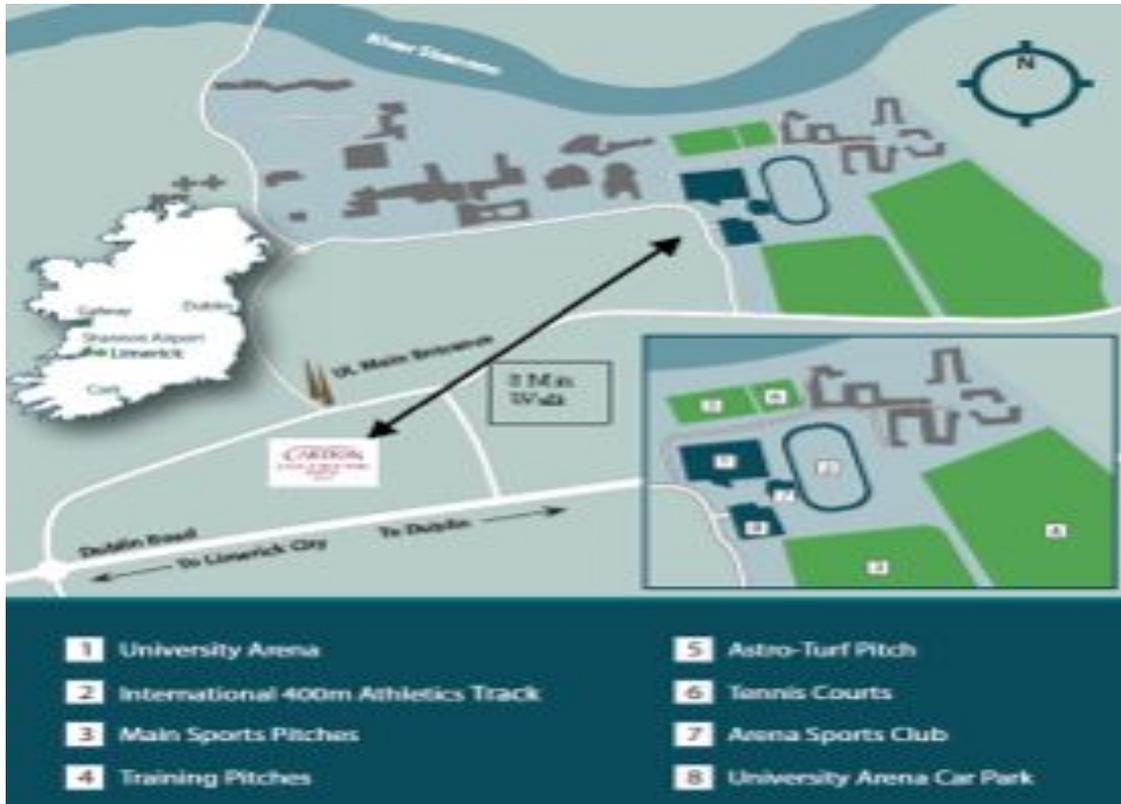
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The University Arena is located on the grounds of the University of Limerick just 50 meters from the hotel. It is the training ground in Limerick for Munster Rugby and Irish Olympians.



## IUC Part II:

09.00 – 09.15 – Assigning Ring Councils for the rest of the day

09.15 - 11.30 - Pattern competition

- knowing technical pattern matters
- how to judge pattern competition
- how to officiate as an Umpire in pattern competition
- how to use the electronic pattern system

11.30 – 11.45 Morning Break (Coffee, Soft Drinks and snacks)

11.45 – 13.00 Pre-arranged Sparring

- how to officiate in free pre arranged sparring competition
- how to judge in free pre arranged sparring competition
- how to use electronic system for free pre arranged sparring competition

13.00 – 14.00 – Lunch Break

14.00 – 17.00 – Free Sparring

- how to officiate in free sparring competition
- how to judge in free sparring competition
- how to use electronic system for free sparring competition

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- 17.00 – 17.15 Afternoon Break (Coffee, Soft Drinks)  
17.15 – 18.45 – Power and Special Technique
- how to officiate in Power and Special Technique
  - how to judge in Power and Special Technique
- 18.45 – 19.00 Break and get ready for certificates  
19.00 – 19.30 – Certificates and pictures

## Monday 2<sup>nd</sup> July

Departure or stay for holiday.

### Outfit:

On Saturday evening official umpire attire

On Sunday tracksuit and gymnastic shoes/Dobok

### **About the local area**

**Currency:** Euro is the national currency (At the Course only Euro is accepted!)

**Electricity:** 220V AC, at 50Hz

**Time Zone:** GMT

### **How to get there**

#### **By Air**

Shannon International Airport is only 25kms from the University campus making Limerick accessible direct from a range of European destinations and world wide through the hub of London Heathrow. See [Shannon International Airport](#) for a full list of flights to and from Shannon.

1-¾ hours from Cork Airport

2 hours from Dublin Airport

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## Limerick and the Shannon Region



It is possible for us to arrange transport for you and your delegation from any of Ireland's main Airports; Cork, Shannon or Dublin.

Transport from the airport on arrival and to the airport on departure date can be arranged by contacting [sryan@taekwondo.ie](mailto:sryan@taekwondo.ie)

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Located on Ireland's longest waterway, the river Shannon, Limerick is Ireland's oldest chartered city having received its charter in 1197. Conquered by the Vikings in the 9<sup>th</sup> Century and besieged by the English in 1691, the city is rich in history and has many historic buildings to view including King John's Castle and Hunt Museum.

A city famed for sport, Limerick is proud of its rugby tradition and its strength in hurling and Gaelic football. The city offers a cultural programme of music and visual arts as well as excellent shops and a choice of good restaurants and lively bars.



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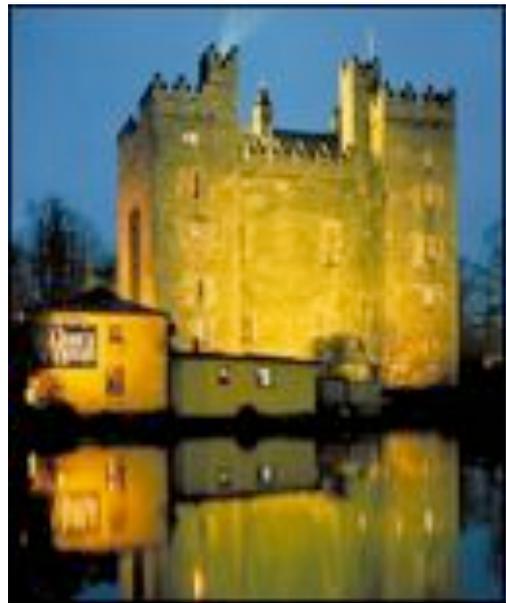
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## The Shannon Region and Beyond

Limerick offers a superb base for touring the attractions of the Shannon region and beyond. Visitors can enjoy tours to the spectacular Cliffs of Moher and the Atlantic Coast, the highest cliff scenery in Europe, and the Burren region – an unusual area of limestone karst rock, which has archaeological and geological interest.

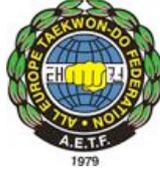
Day tours to Killarney and Galway are also possible while closer to Limerick are the renowned outdoor attractions of the Bunratty folk park and Craggaunowen bronze age site. Golf, hiking and horse riding are all available and within easy reach of the IUC campus.



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